

**Oklahoma State Medical Association,
Physicians Liability Insurance Company (PLICO),
Oklahoma Medical Licensure Board
And Telligen Foundation
“Helping Our Patients Enhance Mental Wellness During COVID-19 Crisis”
Virtual CME
May 8, 2020**

TITLE: “Helping Our Patients Enhance Mental Wellness During COVID-19 Crisis”

FACULTY: Phebe Tucker, MD

Dr. Phebe Tucker is honored to serve as Editor-in-Chief of the Journal of the Oklahoma State Medical Association and Medical Director of the Oklahoma Medical Society’s Physician Wellness Program, specifically designed to help physicians fight burnout and stress.

Dr. Tucker is Vice Chair of Education and Ungerman Endowed Chair in Psychiatry at OU Health Sciences Center, where she has taught medical students and residents for many years. She has conducted published research on PTSD trauma, anxiety disorders and education, and has an active clinical practice. Prior to medical school she received a B.A. in English Literature from UC Berkeley, served in the Peace Corps in Cote d’Ivoire, and taught in California and Australia. She and her husband have 2 grown offspring and love to travel to distant places.

TIME: 1:30 p.m. to 2:00 p.m. – .5 AMA PRA Category 1 Credit™

COURSE OBJECTIVES:

After attending this activity, the physician should be able to:

1. Discuss psychological effects of quarantine and the COVID-19 pandemic on patients; and
2. Identify how to meet emotional needs of special groups homebound children, isolated individuals, elders, at risk patients, groups who may be stigmatized or lack of resources; and
3. Describe resources for helping patients with significant mental health problems during the corona virus crisis.

Accreditation Statement:

This activity is planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Oklahoma State Medical Association (OSMA), Oklahoma Medical Licensure Board, Physicians Liability Insurance Company (PLICO) and Telligen Foundation. The Oklahoma State Medical Association (OSMA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The OSMA designates this live activity for a maximum of .5 *AMA PRA Category 1 Credits™* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

“The Oklahoma State Medical Association has been surveyed by the Accreditation Council for Continuing Medical Education (ACCME) and awarded Accreditation with Commendation for six years as a provider of continuing medical education for physicians. The ACCME accreditation seeks to assure the medical community and the public that the Oklahoma State Medical Association provides physicians with relevant, effective, practice-based continuing medical education that supports US health care quality improvements. The ACCME employs a rigorous, multilevel process for evaluating institutions’ continuing medical education programs according to the high accreditation standards adopted by all seven ACCME member organizations. These organizations of medicine in the US are the American Board of Medical Specialties, the American Hospital Association, the American Medical Association, the Association for Hospital Medical Education, the Association of American Medical Colleges, the Council of Medical Specialty Societies, and the Federation of State Medical Boards of the US, Inc.”



Disclosure/CME Planning Committee/Reviewer and Moderator Disclosure

The Faculty, CME Planning Committee, Reviewer and Moderator have no relevant financial relationships to disclose. The OSMA CME Manager has reviewed all information and has resolved all conflicts of interest if applicable.

Signature of Program Moderator