

Implement Childhood Weight Management Into Your Practice
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Pre-test Questions

1. Which of the following measures is most appropriate in assessing overweight and obesity in children ages 2-18 years old?
 - A. Clinical impression
 - B. Weight for age percentile
 - C. Body mass index
 - D. Body mass index percentile

2. Which of the following laboratory tests are recommended for an 11 year-old child identified as obese?
 - A. Fasting lipid panel
 - B. ALT
 - C. TSH
 - D. A& B only
 - E. All of the above

3. Which of the following are important strategies for reducing weight bias in your office?
 - A. Understanding the complexity of obesity
 - B. Using patient first language
 - C. Focusing on behavior change goals instead of weight loss
 - D. All of the above

4. For children on Oklahoma Medicaid, "obesity" is a reimbursable diagnosis for Both physicians and dietitians?
 - A. True
 - B. False