

Polycystic Ovarian Syndrome in Adolescents: Diagnosis & Treatment

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Post-test Questions

1. Which of the following is not a symptom associated with PCOS?
 - A) Hidradenitis suppurativa
 - B) Male pattern balding
 - C) Early menarche
 - D) Polymenorrhea
 - E) Truncal obesity
2. Which of the following is true about PCOS treatment?
 - A) Combined OCPs are indicated for all patients.
 - B) A low fat diet has been shown to be most effective for weight loss.
 - C) Waxing is not recommended as hair shaft diameter increases upon regrowth.
 - D) Spironolactone is safe to continue during pregnancy.
 - E) Metformin may increase ovulation.
3. Which of the following is a long-term health risk associated with PCOS?
 - A) Obstructive sleep apnea
 - B) Hypertension
 - C) Depression
 - D) Increased mortality
 - E) All of the above